

FOOD *First*

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF AUGUST 31

GRILL FEATURES

MONDAY
CHICKEN TENDER BASKET 10.50
served with french fries and 16.9oz bottled water

AVAILABLE ALL WEEK

CHICKEN MUSHROOM QUESADILLA 10.50
Chicken tinga, chipotle sour cream, shredded cheddar, mushroom, guacamole ranch sauce on a tortilla wrap

BBQ CHEDDAR BURGER 11.00
grilled beef burger with cheddar, bbq sauce, crispy onions, lettuce and tomato on a toasted brioche bun

DELI FEATURES

MONDAY & FRIDAY – CREATE YOUR OWN

AVAILABLE TUES- THURS
includes choice of side

TURKEY GOAT CHEESE SANDWICH
sliced turkey with goat cheese, baby greens, tomato and herb aioli on ciabatta

SOUTHWESTERN CHICKEN CAESAR WRAP
grilled chicken with romaine, cotija, roasted corn and chipotle caesar dressing in a flour tortilla



SWAP YOUR SIDE

FIT smashed cucumber and sesame salad (V)

6" - 10.99

12" - 16.19

PICCOLA ITALIA

MEGA meat lovers' pizza
-\$12
baked ziti bolognese
-\$10

**SOMETHING
DELICIOUS
AWAITS YOU**

RISE & SHINE



Breakfast Specials

MONDAY- double double special with 16.9oz water or medium house coffee 7.40
TUESDAY- classic scramble egg cheesesteak sandwich 8.00
WEDNESDAY- The popeye - whole eggs & egg whites, fresh spinach, mushroom, & sweet potato hash 8.00
THURSDAY -smoked salmon breakfast wrap 8.00
FRIDAY- meat lover breakfast hash brown bowl with 16.9oz water or medium house coffee 7.40

MONDAY

TAILGATE TAKEOVER: PORK WINGS TWO WAYS 14.00
choice of pork wings with peanuts or hot gold pork wings with ho-lotta waffle fries, jicama and mango salad, pickled carrot, celery and radish, and garlic yogurt dip

HOT GRAZE: .70oz
Swedish meatball, chicken marsala, noodles, white rice, vegetables, mushroom marsala sauce and more

TUESDAY

LITTLE LIME: ZUCCHINI & CORN, STEAK, OR SHRIMP FAJITAS 11.50/12.45
choice of FIT zucchini and corn (V), FIT steak, or shrimp fajitas with peppers and onions, red rice, refried pinto beans, pico de gallo, shredded cheese, lettuce, jalapenos, and sour cream. Add cinnamon churro +2.90

HOT GRAZE: ISLAND EATS: SPICY JERK TOFU (V), CHICKEN, PORK .70oz
FIT spicy jerk tofu (V), spicy jerk chicken, spicy jerk pork with island spiced yellow rice, curry roasted cauliflower, and sweet plantains. coconut mango cake +2.95

WEDNESDAY

GLORY DAYS: SURF AND TURF 15.00
grilled steak bites with chili sauce, garlic butter shrimp, lobster risotto & grilled vegetables

HOT GRAZE .70oz
assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, Jamaican, beef patties, waffle fries, carrots, celery, blue cheese or ranch

THURSDAY

KITCHEN & CO.: ROASTED TURKEY OR ALL-AMERICAN MEATLOAF 12.00
choice of roasted garlic and lemon turkey or all american meatloaf with sweet potato pecan casserole, collard greens, and honey butter sesame roll. Add banana pudding poke cake +2.95

HOT GRAZE .70oz
black pepper chicken, sesame tofu, Szechuan shrimp, vegetable fried rice with egg, lo mein noodle, steamed brown rice dumpling, egg roll and more

FRIDAY

HOT GRAZE .70
chicken pot pie with biscuit crust, mashed potatoes, wild rice, vegetable medley, gravy, corn muffin and more

CONNECT WITH *Us*



<https://eurestcafes.compass-usa.com/Sikorsky>



Catherine.Carlucci@compass-usa.com

FOOD *First*

SIKORSKY EAST

Monday – Friday | 5:30 am – 12:30pm

WEEK OF AUGUST 31

GRILL FEATURES

AVAILABLE ALL WEEK
includes choice of side

CHICKEN TENDER BASKET 10.50
served with french fries and 16.9oz bottled water

CHICKEN MUSHROOM QUESADILLA 10.50
Chicken tinga, chipotle sour cream, shredded cheddar, mushroom, guacamole ranch sauce on a tortilla wrap
BBQ CHEDDAR BURGER 11.00
grilled beef burger with cheddar, bbq sauce, crispy onions, lettuce and tomato on a toasted brioche bun

DELI FEATURES

MONDAY & FRIDAY – CREATE YOUR OWN

AVAILABLE TUES- THURS
includes choice of side

TURKEY GOAT CHEESE SANDWICH
sliced turkey with goat cheese, baby greens, tomato and herb aioli on ciabatta

SOUTHWESTERN CHICKEN CAESAR WRAP
grilled chicken with romaine, cotija, roasted corn and chipotle caesar dressing in a flour tortilla



SWAP YOUR SIDE

FIT smashed cucumber and sesame salad (V)

6" – 10.99 and 12" – 16.19

PICCOLA ITALIA

MEGA meat lovers' pizza –\$12
baked ziti bolognese –\$10

**SOMETHING
DELICIOUS
AWAITS YOU**

RISE & SHINE



MEATLOVERS BREAKFAST WRAP

scrambled eggs, bacon, sausage, ham and cheddar in a warm flour tortilla
8.00

CLASSIC STEAK & EGGS

fresh scrambled eggs, shaved steak, melted cheese in choice of bread
8.00

MONDAY

HOT GRAZE:

.70oz

Swedish meatball, chicken marsala, noodles, white rice, vegetables, mushroom marsala sauce and more

TUESDAY

HOT GRAZE: ISLAND EATS: SPICY JERK TOFU (V), CHICKEN, PORK

.70oz

FIT spicy jerk tofu (V), spicy jerk chicken, spicy jerk pork with island spiced yellow rice, curry roasted cauliflower, and sweet plantains. coconut mango cake +2.95

WEDNESDAY

HOT GRAZE:

.70oz

assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, potato wedges, carrots, celery, blue cheese or ranch

THURSDAY

KITCHEN & CO.: ROASTED TURKEY OR ALL-AMERICAN MEATLOAF

.70oz

choice of roasted garlic and lemon turkey or all american meatloaf with sweet potato pecan casserole, collard greens, and honey butter sesame roll. Add banana pudding poke cake

FRIDAY

HOT GRAZE

.70

chicken pot pie with biscuit crust, mashed potatoes, wild rice, vegetable melody, gravy and corn muffin and more

CONNECT WITH *Us*



<https://eurestcafes.compass-usa.com/Sikorsky>



Catherine.Carlucci@co

FOOD *First*

SIKORSKY WEST 2ND SHIFT

Monday - Friday | 3:00pm to 8:15pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF AUGUST 31

GRILL FEATURES

NOW SERVING PREMIUM, MADE TO ORDER
BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER	\$10.95
HAND MADE HAMBURGER	\$9.85
FRESH GRILLED CHICKEN SANDWICH	\$8.80
CHICKEN TENDER & FRIES	\$10.50
4oz BEEF BURGER	\$4.95
ALL BEEF HOT DOG	\$3.75



ADD A SIDE

FIT roasted bell pepper salad (V)

BREAKFAST SANDWICHES &

OMELETS MADE TO ORDER

PICCOLA ITALIA

MEGA meat lovers' pizza
\$12

baked ziti bolognese
\$10

SOMETHING
DELICIOUS
AWAITS YOU

DELI FEATURES



TUESDAY - THURSDAY

TURKEY GOAT CHEESE SANDWICH

sliced turkey with goat cheese, baby greens, tomato and herb aioli on ciabatta

SOUTHWESTERN CHICKEN CAESAR WRAP

grilled chicken with romaine, cotija, roasted corn and chipotle caesar
dressing in a flour tortilla

MONDAY

HOT GRAZE:

.70oz

swedish meatballs, chicken marsala, noodles, white rice, vegetables, mushroom marsala sauce and more

TUESDAY

LITTLE LIME: ZUCCHINI & CORN, STEAK, OR SHRIMP FAJITAS

.70oz

choice of **FIT** zucchini and corn (V), **FIT** steak, or shrimp fajitas with peppers and onions, red rice, refried pinto beans, pico de gallo, shredded cheese, lettuce, jalapenos, and sour cream. Add cinnamon churro

WEDNESDAY

HOT GRAZE:

.70oz

assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, potato wedges, carrots, celery, blue cheese or ranch

THURSDAY

HOT GRAZE

.70oz

black pepper chicken, sesame tofu, szechuan shrimp, vegetable fried rice with egg, lo mein noodle, steamed brown rice, dumplings and egg rolls

FRIDAY

HOT GRAZE

.70oz

chicken pot pie with biscuit crust, mashed potatoes, wild rice, vegetable medley, gravy and corn muffin

CONNECT WITH *Us*

📷 westmarketplacestratford

🌐 <https://eurestcafes.compass-usa.com/Sikorsky>



Catherine.Carlucci@compass-usa.com